

Greater Philly Churches Athletic Association(GPCAA)

50 Lynn Ave.

Oreland, PA. 19075

Contact# 856-236-6666

Tax ID# 01-0845137

ALTERNATIVE BASKETBALL LEAGUE (Coed)

Rules 2014-15

Revised 5/27/2014

1. Teams must have matching jersey's with numbers or a technical foul will be assessed.
2. Teams must start the game with 5 players; if a team does not have 5 players at the start of the game the team will receive a forfeit loss.
3. Teams can finish the game with 4 players not with 3 or less.
4. Coaches must call the opposing team no later than 9:00am the day of the game if forfeiting the game.
5. **Teams can roster up to 15 players. Once a team has reached 15 players no more players can be added unless the coaching staff notifies the league Director of the removal and/or addition of players before new players are eligible to play. If any ineligible players are found to have played in any games, every game that the ineligible player has participated will be a forfeited loss and the opposing team will be granted the win.**
6. Teams winning by 20 points with 2 minutes remaining in the final quarter of the game will be determined the winner. (Mercy Rule)
7. Teams winning by 30 with 5 minutes remaining in the final quarter of the game will be determined the winner. (Mercy Rule)
8. Teams will be given 20 minutes grace period and then the late team will have forfeited the game. Either the opposing coach or the assigned referees can call the forfeit.
9. Players who have not checked in before the start of the game are not eligible to play until the second half. Players not checked in at the start of the second half are ineligible to play in the game.
10. Players may be banned from participation of the league for any technical foul assess for conduct at the discretion of the league. (Leagues discretion for all disciplinary actions).
11. Players obtaining two (2) technical fouls in a game will be disqualified for the rest of the game.
12. Players obtaining 3 technical fouls will have to serve a 1 game suspension, players obtaining 6 technical fouls will be disqualified from the season.
13. **Players whom have graduated from ABL school programs will become ineligible to participate in league games.**
14. Free Agency: Once a player checks into the game book with a team it will qualify that player as participating for the season and that player will be ineligible to play for any other teams in ABL until there is documented verification given to the leagues Director that the player has been released by his original team. If a player decides they do not wish to continue to play with their original team the player has to sit out for one full season to be eligible to play for another team in our league unless there is document verification given to the league Director that the players original team has released the player to play for another team in our league. (Leagues discretion for all final decisions).

15. Games will be played with four (4) quarters for a length of eight (8) minutes with an eight minute half time intermission.
- 16. Games will be played with a running clock; clock will stop only for time outs, free throws and every whistle within the last one (1) minute of each of the four (4) quarters.**
17. Teams will be allowed 5 thirty (30) second timeouts during the regulation time of the game and one additional timeout in the event of an over time.
18. Seven (7) team fouls will result in the opposing team to shoot a one (1) foul shot and one (1) penalty shot.
19. Ten (10) team fouls will result in the opposing team shooting two (2) free throws for every foul after.
20. The home teams score book will be considered the official book for the game.
21. Visiting team must submit game score immediately after the game.
22. The first six teams in the league standings will be eligible for the play-offs.
23. In the event of teams having the same record the team with the highest total points will be recognized as the higher seeded team.
- 24. Any conduct resulting in a technical foul may also result in a minimum 2 game suspensions and/or disqualification from the season. All disciplinary actions are subject to the discretion of the league.**
- 25. Overtime will be 3 minutes after which if the game is still tied then a sudden death round will be played and the first team to score will be declared the winner.**

Chris Milton
Director

My signature below is to confirm that I have read, understand and accept and agree with the policies and rules previously mentioned above.

Coaches Signature: _____

___/___/2014

School Represented: _____

___/___/2014